

3 QUESTIONS TO AMBER VALDENAIRE

# “The office must become a place to strengthen the community”

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Amber Valdenaire, senior interior architect pour EL'LE ARCHITECTS. (Photo: Amber Valdenaire)



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Dans le cadre du "TALK ARCHITECTURE + WORKSPACE",  
organisé par le Paperjam+Delano Business Club le  
mardi 20 juin, Amber Valdenaire, senior interior architect  
pour EL'LE ARCHITECTS, partage ce qui l'inspire.

**Can workspaces be designed to encourage collaboration and social interaction between employees?**

**Amber Valdenaire.** – "Absolutely. The workplace is evolving, and change is a constant. The office must become a place to strengthen the community and promote the belongings. It is especially important after the pandemic because people want to preserve a higher level of balance in their lives and spend quality time with people they work with.

It is essential to create a wide variety of workplaces that people feel comfortable and confident throughout the day whether they are focusing, collaborating or socializing.

**We often talk about well-being at work. How can architectural choices promote employee well-being at work?**

"It is necessary for architects and designers have both human centered insights and solid technical competences to create better workplaces that are comfortable and well-being. We can enhance the 'well-being' via biophilic and inclusive design principles and supported by sustainable building standards such as WELL, BREEAM or LEED to ensure the maximum comfort of the occupants.

**Is there a link, in your opinion, between the harmony of a building's interior and exterior spaces?**

"The harmonious connection between exterior and interior exists but it does not come automatically. The creators of the space need to consider the different aspects of historical, cultural, and communal backgrounds and to apply coherent design languages

and contexts to blur the boundaries of interior and exterior.”

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**Architecture + Workspace**

**Amber Valdenaire**

**EL'LE ARCHITECTS**

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